and rheumatism in men, and is effica-One Meal a Day.

cious universaily."

Just now when perhaps the cheapen ing of living expenses is of more im portance, temporarily at least, than the most finished statesmanship, the example of the man up in Massachusetts who has been subsisting and performing the average work that farmers in the rocky soil of the Bay State usually perform, on one meal per diem, may be regarded as an interesting exhibit, if not example, of what may be accomplished in dieto-economics. The quality and quantity of food is unfortunately lacking in the telegraph report, though probably not lacking in fact, insomuch as the dietist occupies—be is still alive and in robust health, though his peculiar fast dates back to 1864-from onehalf to three-quarters of an hour in the deglutation of his meal,

As he is said to bear himself with unyankeelike slowness in this operation the probability is that the weight of food consumed does not amount to more than that furnished to and carried away in a dyspeptic shape by the average individual at the thirty-minutes-for-refreshment way stations of western railroads. Yet it is within the possibilities that a man who has evidently devoted so considerable attention to dieta fairs may have so systematized the habit and necessity as to have built out of them science and art, in which case it is not beyond belief that he has demonstrated that in eating, as in many other things, the truth of the adage pre-eminently true. In short it may be concluded that this Massachusetts farmer secures for his combination 'square." or perhaps by his unusually strict devotion to the treucher "cubic" would convey a more adequate idea, However, as to the quantity it is fair to believe that it is not so large by one-balf as what he would have eaten had he continued a thrice-meal-s-day man, His theory was at the outstart that man consumed more food than cornice is made of leather lace of the necessary, and really more than is conducive to health, and he seems to some dark wood, and the wall is in solid have proven this, for evidently there duil red. Saxony lace curtains drape has been material economy, and by the report the dietarian after a score of two ribbons, one pink, the other blue, years of average labor as a farmer is in the long loops and ends hanging in strong health and robust as to corpo-The Bugbear Cold.

"Cold as a bugbear causes people to over-crowd their beds with woolen better than sider-down, when you can get it. The night-dresses of old people should be comfortable, and especially should they be warm between the shoulders; this is the place which cold work" and colored silk. The silk shows likes, as a foe, to assail just about three o'clock in the morning, when the morsel of fire has got low or gone out. Let them beware of it!

"Cold as a bugbear plays much mischief in the nursery. Thousands of children in this country are coddled to death, and many actually stifled in bed. the surface of wood so as to render it as smothered. That is the right name for

"But the children must be kept

"Bless their innocence! yes. The bed as soft as down, the clothes as soft as soft can be, but smooth wihal, without any tendency to rumple up, or cover and the air ought to be as pure and half ounces of a strong solution of gumsweet as the odor of roses. Is it so in arabic add twenty grains of a solution most nurseries? Nay, for your bugbear of sulphate of alumina dissolved in twocold steps in and scals doors and win- thirds of an onnce of water, dows. No wonder that when baby wakes up it is peevish and fretful

the tailor has, for even young men wear to fabrics renders them waterproof and double the amount of clothes on a win- preserves them from the attacks of inter's day that they ought to. They sects without in any way seriously imsweat themselves in consequence, so pairing the appearance or pliability of cold the foe steps in and ends many a the material. hfe. Top-coats, in my opinion, should worn except while riding by rail, or driving, or when standing about stir a pint of cold milk with one pint of in a draught; then they cannot be too corn meal and one tablespoonful of sait, thick and cosy. If worn at all, when Pour this into the boiling water graduwalking, they should be very thin. ally, and let it boll for half an hour. Stock show in Chicago the grades were Very light water-proofs should be worn | Watch it carefully to prevent burning, when walking in winter-worn over the or use a double boiler. arm, I mean, and never put on except when it is raining. But the warmer the socks the better, and the shoes ought to three times or four times a day will be moderately strong and thick, for cause their disappearance, however

ing about on damp cold ground. Damp is much more to be dreaded suppuration. than cold, but even this should not be made a bugbear of; I would rather have Ammonia.—One tablespoonful to two damp inner clothing than a damp coat; ditto of water is said to restore their the underclothing, indeed of everyone elasticity to the rubber rings of fruit or who perspires freely and easily is seldom, preserve jars that have become hard if ever, free from damp. When I was and dry. newly married, the little woman who owns me used to air my handkerchiefs. my newspaper and my table napkin. finest instrumental tests, as to the She knows better new. But preserve propagation of electricity, an electric me and you and every one from sleep | signal travels at the rate of 16,000 miles

DOMESTIC.

SUNLIGHT A NECESSITY.-Sun baths century it was the rule at Karlsbad to cost nothing and are the most refresh-subject the patient to a course of vio-ing, life-giving baths that one can take, lent purgatives. Then the patient whether sick or well. Every house-drank mineral waters for seven days, bathing for the next seven without her woolens the benefit of the sun from drinking the water. The water-drink- time to time, and especially after a long ing was a most serious matter. Dr. rainy season, or a long absence of the Many will think of the injury their clothes are hable to from damp ness, who will never reflect that an oclater on the number should be increased pasional exposure of their own bodies to thirty, and, in certain cases, to forty to the sunlight is equally necessary to glasses. Dr. Tilling, writing in 1756, their own health. The sun-baths cost nothing, and that is a misfortune, for to sixty glasses in the course of two people are still deluded with the idea that those things only can be good or warm water on a more extensive scale, useful which cost money. Let it not and the puzz'e is how the patients be forgotten three of God's most beneicient gifts to man-three things the large quantities of warm mineral nost necessary to good health—sunlight, waters. I have read that the natives lesh air and water, are free to all; you of the Queen Charlotte Islands try to san have them in abundance, without cure themselves of ailments by drinking | money and without price, if you will, water long in their stomachs, whereas the patients at Karlsbad did not drink large doses of water to reck in the patients at Karlsbad did not drink large doses of water to reck in the patients at Karlsbad did not drink large doses of water to reck in the patients are the patients at Karlsbad did not drink large doses of water to reck in the patients are the patients at the patients at the patients are the patients at the patients are the patients a If you would enjoy good health, then

A PRETTY and serviceable letter-case to suspend over one's desk, may be made by cutting two pieces of cardboard into squares, measuring six inches each way. Cover each side of both limsh the edges very neatly. Paint or embroider any conventional design on together, beginning at one corner and working half-way round to the opposite diagonal corner. Cover the edges with the admirers of the ancient ways, yet a card and suspend with loops of ribbon from the two points or corners not were followed in the end. It may be fastened together. It should bang dianoted in passing that not only human mond-wise, that the letters may be beings were enjoined to use the waters slipped in each side of the ribbon by for their health's sake, but that the which it is hung. A handsome tassel virtues of these waters were supposed or ornament fastened to the lower point

> FOR HOT WEATHER .- Scald four tablespoonfuls of Hyson tea in a pint of sweet cream; it is best to scald it either in a custard kettle or in a tin pail placed within a kettle of boiling water. When partly cool, strain into it a pint of cold water, bring it to a scald, and stir in four beaten eggs and three-quarters of a pound of sugar. Let it cool and freeze. I have found that in making water-toe, if the sugar be not well stirred in before freezing it will sink to the bottom and give the mixture a sharp, inpleasant taste. It is best to make syrup of the sugar and water by boilng, and when cold, to add the pure nice of the ice.

FISH AS FOOD, -Sir Henry Thompson, the London surgeon, recognizes in fish a combination of all the elements of food that the human body requires in almost every phase of life, more especially by those who follow sedentary employment. To women he considers fish to be an invaluable article of diet, but he scouts as a complete fallacy the notion that fish-eating increases the brain power. "The only action fish and on the brain was to put man's body nto proper relations with the work he

As CEMENT for leather which is subected to a moderate strain. New Remedies offers the following:-Soak equal parts of gine and isinglass for ten hours with enough water to cover them, and add about one-fourth part of tannin, and boil till the mixture becomes sticky The surface of the leather must first be roughened with some coarse tool; they are then well rubbed with the above mixture while warm; and firmly pressed together. After a few hours they will

STEAMED EGG PLANT connot fail to please the epicure. Cut it in slices about an inch thick, take off the purple rind, let the slices lie in salt and water for two hours, then steam them until "the more haste the less speed" holds they are so tender that you can pierce them easily with a fork, then take them from the steamer and dip them in very fine bread crumbs or cracker crumbs, meal that description known to the saited and peppered. Fry the slices of world by the geometrical figure egg plant in hot lard. If the seeds are large, after the slices are steamed you can take a fork and poke the seeds

A RED ROOM has just been fitted up with matting in white, thickly flecked with dull terra cotta. The dado is in a fire woven, dark cream matting; the same hue set on to a narrow molding of the windows, and are tied back with bunches together.

BLACK WALNUT,-An excellent stain for giving light colored wood the appearance of black walnut mny be made and applied as follows: Take Brunswick black, thin it with turpentine until stuffs, blankets and such-like. The bed- it is about the right tone and color, and clothing, even for old people, should be then add about one-twentieth its bulk light, though warm. There is nothing of varush. This mixture, it is said, will dry hard and take varnish well.

Veny pretty windew shades are made of eern or white linen in open "cutthrough the embroidery with an excellent effect. Numerous orders for these curtains in pale ecru with light blue or with cherry silk, are now being exe-

WOOD STONE, -A method of coating They call it being overlaid; it is being hard as stone has come into vogue in Germany. The composition is forty parts of chalk, fifty of resin, and four of linseed oil, melted together, then one part of copper, and finally one of sul-phuric acid. It is applied hot with a

Good Muchage.-The Journal of mouth or face. This is warmth, this is Pharmacy gives the following recipe comfort. The room, too, should be for a mucilage which will unite wood, moderately warm; no more. I pray you; porcelain or glass: To eight and one

WATEBPROOFING, -Oil of white birch Your bugbear cold is the best friend bark dissolved in alcohol when applied

CORN MUSH -Take a quart of water,

On of cinnamon dropped on warts many an ailment is caught from stand- hard, large or dense they may be. The application gives no pain nor causes

According to the latest results of the

AGRICULTURE.

A POINT ABOUT WATERING. - When convenient, horses should be fed at short rather than at long intervals. The small size of the stomach precludes the horse from rapidly digesting a quantity of food sufficient to serve him for a long period. This applies with ven greater force to watering. It is a common practice to water horses only three times a day, the water being by some given before meals, and by others afterward. Whichever of these plans is adopted, the system is bad; but worst when the latter method is dopted. For when the horse, with his small stomach already filled with tood, injects a large quantity of water a great portion of the food must be washed out into the intestines before the gastric mice has had time to act on it. And if it be the case that gastric juice is formed even in the fasting stomach, then watering before meals must wash away this juice into the intestine, where it is of o service. Horses should therefore have water at short intervals, and when practicable they should have free access it in their mangers. When this is the case the horse drinks frequently, but never in quantities so great as practically to wash out his stomach

POTASH FOR FRUIT TREES, -As illus trating the peneficial effects of potash upon the health of peach trees, Mr. J. Hale states that he applied to an orchard pieces with silk or satin, taking care to of 8500 trees at the rate of 800 pounds per acre, and that not more than one or two trees in the whole lot showed any the outside piece, and then lay the two signs of yellows, or any other disease, while of another orchard of 500 trees. to which potash has been applied, thirty per cent, are already dead. The states ent was made at the winter meeting of the Board of Agriculture. Mr. J. B. Rogers of New Jersey, reported a similar experience with the use of potash in peach orchards. He, however, found that muriate of potash is much better than the sulphate for giving peaches a healthy growth. Prot. Jenkins of the ent Experiment Station, found by the analysis of the wood of healthy and diseased trees, that the latter are deficient in ash constituents. Potash is a cheap fertilizer, and its use m all kinds of orchards should be extended until the ash of the virgin soil is restored.

> time for mulching in the crehard and gerden, even though quite a crust of frost has formed in the earth. Almost protecting coat of manure, or other that, while coarse enough to arrest and other, dyspepsia; another, heart pade in and serve as a fertilizer. All activity, and by this means enables the

To Examine a Horse. - A good horse will always show well standing at rest, The man showing a horse for sale who keeps the animal constantly stopping about, to show off, is to be looked upon with suspicion. The time to examine a horse is when he is at rest. It is then that his weak points will be shown. If the horse "fires up" at some object on the ground, nearsightedness may be suspected. If brought suddenly light, from a dark stable, and the light oppresses him, his eyes are weak. His gait and speed should be tested by actual service. At rest, if the horse i sound, he will stand square on his limbs, without moving any of them, the feel being placed flat on the ground, and alt If one foot be thrown forward, with the toe pointing to the ground and the heel raised, or if the foot be lifted from the ground, and the weight taken from it, sease or tenderness may be suspected.

In old times the agriculture of Scotland was execrably bad. Hardly any wheat was attempted to be grown; oats full of thistles was the standing erop, and this was repeated on the greater part of arable land, while it vould produce twice the amount of seed planted; few potatoes were raised; turnips were unknown and no grass seeds or clover were sown. All the manure accumulated on the farm was put on a small patch of ground near the house, where was raised a crop of barley, from which was made bannock-cakes, broth, small beer, and very often whiskey. Now the agriculture of Scotland is probably the best in the world. Beautiful fields of wheat, sown with the drill, are everywhere to be seen, lowlands have been drained, thistles no longer exist, turnips are raised in large quantities, nusightly marshes have been transformed into fertile fields, and barren hill-tops have been covered with thriving forests.

It is very difficult to grind corn finely antil it is thoroughly dried, especially if it is ground in the ear; as is the practice with many good farmers. We have found that grinding of dry oats or barley one-third to one-quarter the bulk of ears will make the whole much finer feed and lessen the injury to stock from the coarse particles of corn cob in the feed.

Tue best land for farm purposes has an eastern or southeastern exposure, It is protected from the worst winds I therefore state, deliberately, and a which sweep the surface from Fall till Spring, and thus for ages has received a greater proportion of the forest leaves whose decay adds to its depth and fer-Wheat on eastern side hills is less likely to be winter-killed, as the pared to fully verify it. Bright's dis protecting covering of snow is not blown

FARMERS in the southwest who held back their grain early in the season, are of nearly every other common selling freely, ...e weather being favorable to large marketings in the country. Wheat is going out of northern Minne-sota and Dakota faster than ever before. In fact, the elevators at Duluth are overflowing with wheat. Farmers are forced to sell at whatever price they can get, to liquidate personal indebtedness.

THE great secret of proper pruning consists in knowing the nature of the subject to be operated upon, the future use of each shoot and branch.

THE abundance of market-garden products in England is said to be cutting the demand for flour, while a warm temperature adds its influence in the same direction.

A single cross of a pure-bred male is heavier and better proportioned than some of the thoroughbreds.

The skeleton of the carrion crow weighs, when dry, only twenty-three grains.

Two grand engineering schemes, fraught with far-reaching social and political influences of much greater conquence than those which appear on the surface, are attracting attention in Europe at present. The one is the proposed railway tunnel through the Pyrenees, the convention for which has been signed by the Franco-Spanish International Railway Commission. The other is for the formation of a company to construct an international railway connecting Europe with Persis, India, Burmah and China.

A THRILLING EXPERIENCE.

Remarkable Statement of Personal Dance

The following story-which is attracting wide attention from the press is so remarkable that we cannot excuse ourselves if we do not lay it before our readers, even though its length would ordinarily preclude its admission to our Hmited space. To the Ed for Rochester (N. Y.) Democra:

SIR .- On the first day of June, 1881,

lay at my residence in this city sur-ounded by my friends and waiting for death. Heaven only knows the agony I then endured, for words can never describe it. And yet, if a lew years previous any one had told me that I was to be brought so low, and by so terrible a disease, I should have scoffed at the idea. I had always been uncommonly strong and healthy, and weighed over 200 pounds and hardly knew, in my own experience, what pain or sick-ness were. Very many people who will read this statement realize at times that they are unusually tired and cannot account for it. They feel dull pains in various parts of the body and do not understand it. Or they are exceedingly hungry one day and entirely without appetite the next. This was just the way I felt when the relentless malady which had fastened itself upon me firs began. Still I thought nothing of it; that probably I had taken a cold which would soon pass away. Shortly after this I noticed a heavy, and at times neuralgic pain in one side of my head, but as it would come one day and be gone the next, I paid little attention to it. Then my stomach would get out of order and my food often failed to digest, causing at times great inconvenience. Yet, even as a physician, I did no think that these things meant anything serious. I fancied I was suffering from malaria and doctored myself accordingly. But I got no better. I next noticed a pecutiar color and odor about the fluids I was passing—also that there were large quantities one day and very little the next, and that a persistent froth and seum appeared upon the surface, and a sediment settled. And yet did not realize my danger, for, indeed, seeing these symptoms continually I finally became accustomed to them. and my suspicion was wholly disarmed fact that I had no pain in the affected organs or in their vicinity. Why I should have been so blind I cannot understand.

I consuited the best medical skill

in the land. I visited all the famed very kind of growth is benefitted by a mineral springs in America, and traveled from Maine to California, Still material over the roots to guard against I grew worse. No two physicians heavy freezing. If manure is used it agreed as to my malady. One said I may be in such a state of decomposition was troubled with spinal irritation; anwas troubled with spinal irritation; anhold snow, yet by lying exposed to the ease; another, general debility; another, elements until Spring it will readily congestion of the base of the brain; and so on through a long list of common plant and trees are in a more or less diseases, the symptoms of many of active state throughout the winter and which I really had. In this way several a protection to the roots promotes this | years passed, during which time I was steadily growing worse. My condition parts above ground especially to bear severe cold and wind the easier. had really become pituable. The slight symptoms I at first experienced were developed into terrible and constant disorders. My weight had been reduced from 207 to 130 pounds. My life was a burden to myself and friends, I could retain no food on my stomach, and lived wholly by injections. I was a living mass of pain. My pulse was uncontrollable. In my agony I frequently fell to the floor and clutched the carpet, and prayed for death, Morphyse had little or no effect in deadening the pain. For six days and nights 1 constantly. My water was filled with tube-casts and albumen. I was strucgling with Bright's Disease of the kidneys in its last stages!

While suffering thus I received a call

from my pastor, the Rev. Dr. Foote, at our last interview, but in the course of conversation Dr. Poote detailed to me the many remarkable cures of cases like my own which had come under his observation, by means of a remedy, which he urged me to try. As a practicing physician and a graduate of the schools, I derided the idea of any medicine outside the regular channels being in the least beneficial, So solicitous, however, was Dr. Foote, that I flually promised I would waive my prejudice began its use on the first day of June, 1881, and took it according to directions At first it sickened me; but this I thought was a good sign for one in my debilitated condition. I continued to take it; the sickening sensation departed and I was finally able to retain food upon my stomach. In a few days I noticed a decided change for the better, as also did my wife and friends. My hiccoughs ceased and I experienced less pain than formerly. I was so rejoiced at this improved condition that, upon what i had believed but a few days before was my dying bed, I vowed, in the presence of my family and friends, should I recover I' would both publicly and privately make known this remedy for the good of humanity, wherever and whenever I had an opportunity, and this letter is in fulfilment of that My improvement was constant from that time, and in less than three months I had gained 26 pounds in flesh, became entirely free from pain, and I believe I owe my life and present condition wholly to Warner's Safe Cure, the remedy which I used. Since my recovery I have thoroughly

re-investigated the subject of kidney difficulties and Bright's disease, and the truths developed are astounding. a physician, that I believe more than one-half of the deaths which occur in America are caused by Bright's di ease of the kidneys. This may sound like a rash statement, but I am pre ease has no distinctive symptoms of its own, (indeed, it often develops without any pain whatever in the kidneys or their vicinity), but has the symptoms plaint. Hundreds of people die daily, whose burials are authorized by a physician's certificate as occurring from "Heart Disease," "Apoplexy," "Paralysis," "Spinal Complaint," "Rheumatism," "Pacumonia," and other common complaints, when in reality it is from Bright's disease of the kidneys. Few physicians, and fewer people, realize the extent of this disease or its daugerous and insidious nature. It steals into the system like a thief, manifests its presence if at all by the commonest symptoms and fastens itself upon the conshitution before the victim is aware of it. It is nearly as hereditary as consumption, quite as common and fully as fatal. Entire families, inheriting it from their ancestors, have died, and yet none of the number knew or realized the mysterious power which was removing them, Instead of common symptoms it often shows none whatever, but brings death sudderly, from convolsions, apoplexy or heart disease. As one who has suffered, and knows by bitter experience what he says, I implore everyone who reads these words not to neglect the slightest symptoms of kidney difficulty. Cer-tain sgony and probable death will be the sure result of such neglect, and no one can afford to hazard such

I am aware that such an unqualified statement as this, coming from me, known as I am throughout the entire land as a practitioner and lecturer, will arouse the surprise and possible animosity of the medical profession and astonish all with whom I am acquainted. but I make the foregoing statements based upon facts which I am prepared to produce and truths which I can sub-

stantiate to the letter. The welfare of those who may possibly be sufferers such as I was, is an ample inducement for me to take the step I have, and if I can successfully warn others from the tangerous path in which I once walked, I am willing to endure all professional

and personal consequence.

J. B. HENION. M. D.,

ROCHESTER, N. Y., Dec. 30.

Ose day when Uncie Daniel Drew was in the zenith of his power, so to say, a gentleman stopped him on the street and said:

'Mr, Draw, I believe you are a Chris-'Well, y-e-s " answered the specula "Then I ask you to do the right thing by me. A month ago I sold you some Blank & Blank ratiroad stock at 38. In

wo weeks it jumped to 60. It is only that you should present me with at ust \$1.000 " "My Christian friend," replied Uncle Daniel, with a lonesome squart in his left eye, "I remember that transaction, Next day after buying the bonds I con-cluded that I had made a fool of myself, and resold for 35. Let us embrace and

console each other and divide my loss THE Japanese are very .precise and correct, as a rule, in their pronuncia-tion of English, as they learn more or

less like parrots. One day a man went into the Hiogo telegraph office with message to be sent to Osaka. polite Jap took it from him

oked blandly over it, and then said: "You cannot send this message -to-day. "Why?"

"The

father?"

charge—of—the—telegraph—office—is "Indeed! Is he very often taken like "He—is—very—frequently—drunk.
"Well, what am I to do?"

gentleman - who - takes

"Is-you -will - leave - your pervades and fills the universe. dress-I-will-send-and-tell-you when he is sober." "Ano don't you skate, little girl?" he

sked as he sat down beside her. "Oh, no, sir," 'But you can learn."

"I guess I could, but I don't want 'And do you come here just to watch

the skat rs?" Oh, no-I come to watch Mrs. R.'

"Who is she?" "She's papa's second wife. He don't ant her to come, but she will do it,"

'And why do you watch her?" "Well, paps wanted her to promise that she wouldn't lean on anybody when she was skating with 'em, and that she wouldn't flirt when she was resting, but she wouldn't promise, and so I came to watch her. These short marks are when she leans, and these long ones when she flirts. "And you show them all to your

"Yes, and he dates them and puts them away, and by and by he'll have enough to get a divorce and marry somebody who can't skate.

VISITOR - "How is your daughter getting on with her French?" Mother-"Nicely, thank you. Clara ems perfectly devoted to it. Last she studied until after twelve o'clock, Poor child, I am afraid that she is doing too much." Visitor-"What method does she use Olendorf?"

Mother - "No-no-that is not the name, It's Zola, I think,"

"Now," said the photographer, taking hold of the cloth over the instrument, "are you ready?" "Yes," replied the customer. "Weil, just keep your eye on that sign," he said, point-"Positively no Credit," "and pleasant.

A FRENCH missionary priest had returned home on a furlough, and his friends were making many inquiries. "Those savages, now, that you live among," asked one, "are they really cannibals?" 'They! why, they even eat men on

Friday! TO "Anakesis

CURE for PILES. Price \$1, at druggists, or see "ANAK ESIS" Makers.

BITTERS

Hostetter's Stomach Bitters is the article for you, it stimulates the aiding energies, invigorates the tooly and cheers the mind. It enables the system to throw off the debilitating effects of undue fatigue, gives renewed vig at to the organs of digestion, arouses the liver when inactive, renews the laded appetite, and encourages healtful repose. Its ingredients are safe, and its credentials, which consist in the hearty endorsement of persons of every class of society, are most convincing.

For safe by all Bruggists and Dealers generally.

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Hood's Sarsaparille is a carefully-prepared extract of the best remedies of the vegetable kingdom known to medical science as Alteratives. Bined Purifiers, Diarston, and Tonics, such as Sarsaparilla, Yellow Dook, Stillingia, Dandellon, Juniper Berries, Mandenbe, Wild Cherry Bark and other selected roots, drains, Wild Cherry Back and other selected roots, borhs and herbs. A medicine, like anything else, can be fairly Insignd only by its results. We point with satisfaction to the glorious record Hood's Sarsaparilla has entered for itself upon the hearts of thousands of people in New England who have personally or indirectly been relieved of terrible suffering which all other remedies failed to reach. C. I. HOOD & CO., Apothecaries, Lowell, Mass. Price \$1.00, six for \$0.00. Sold by Bruggists and Dealers in Medicines.

A wise Quakeress used to say, in her sermons, that there were three follies of men which always amazed her. The first was, their climbing trees to shake fruit down, when, if they only waited a little, it would fall of its own second; the second was, that they should kill each other, when, if they but waited, they would all die naturally; and the third was, that they should run after women, which, if they would not do. the women would be sure to run after

New Zealand Songstres Madame Marie Carandini, Musical Artist, Wellington, N. Z, writes to the Christchurch, New Zealand Telegraph: "I have used St. Jacob's Oil, and find tmuch relief in case of rheumatism, for all neuralgie pains,'

In the great cathedral of the ages the temple being built for an habitation of God—we shall all learn sometime that love's work is the greatest of all,

"Rough on Rats." Clears out rats, mice, rouches, flies, unts, bed ugs, skunks, chipmunks, gophers, 18c. Druggists

We cannot study nature profoundly without bringing ourselves into com-munion with the spirit of art, which

MENSHAN'S I EPTONIZED HEEF TONIC, the only MENEMAN'S I EFFONIZED BEEF TONIC, the only preparation of beef containing its entire matricular properties. It contains blood-making, force generating and life-austaining properties; invaluable for indigestion, dyspepsa, parvous prostration, and all forms of general debility, also, in all enfeebled conditions, whether the result of extansion, nervous prostration, over-work or acute disease, particularly if resulting from pulmonary complaints. Caswell, Hazard & Cu., proprietors, New York. Sold by druggists.

The administration of government, ike a guardianship, ought to be directed to the good of those who confer, and not to those who receive the trust.

Higher Prices for Butter. All dairymen who use Wells, Richard-son & Co's. Improyed Butter Color, agree that it increases the value of butter several cents a pound, It is pure and harmless, convenient for instant use, has no taste or odor, and gives a clear, golden richness to the butter. It is the very best butter color obtainable. and is not expensive. In every state in the Union the demand for it is mcreasing. .

It much easier to find a score of mer wise enough to discover the truth than to find one intrepid enough. in the face of opposition, to stand up for it.

"Rough on Corns."

They who have experienced sorrow are the most capable of appreciating joy; so, those only who have been sick, feel the full value of health. CONSUMPTION CURED.

An old physician, retired from practice, having had placed in his bands by an East India mission-ary the formula of a simple vegetable remedy for the speedy and permanent cure of Consumption, Bronchitts, Catarria, Ashuna and all throat and long Affections, also a positive and radical cure for Nervous Debdity and all Nervous Complaints, after having tested its wonderful curative noversa after having tested its wonderful curative powers in thousands of cases, has felt it his daty to make it known to his suffering fellows. Actuated by this motive and a desire to relieve human suffering. I will send free of charge, to all who desire it, this recipe, in German, French or English, with full directions for preparing and using. Sent by mail by addressing with stamp, having this paper, W. A. Noyes 149 Power's Block, Exchester, N. Y.

A FARMER who had engaged the services of a son of the Emerald Isle, sent him out one morning to harrow a piece of ground. He had not worked long

pefore nearly all the teeth came out of Presently the farmer went out into the field to take notes of the man's pro-

gress, and asked him how he liked the "Oh!" the man replied, "it goes a

bit smoother since the pegs have come A SOLEMNIOUS OCCASHUN.-Parson

Whangdoodle Baxter distinguished himself once more at the funeral of an aged colored man;
"Our deceased brudder was married foah times during his life," said Whangdoedle, "but only one ob de widows

heah very solemnious occashun,' "HAVE you got any more tender steaks like that I bought the other day?" asked a man of a butcher. Oh, yes, plenty. You found it to

be good meat, ch? "Yes, suits my purpose. I am very much annoyed by dogs at my house. I tortoise's back for a ferryboat. have choked one to death, and have my eye on another. Let me have half a pound, please."

think he will need it." A reply was rect personal responsibility. sent: "He does not need an overcoat; he is dead." "DID you pass the hat?" the paster

of a Texas congregation asked his deacon after the morning service. "Yes, I did," said the deacon, and then looking into the vacant interior of a hat that contained nothing but lining, he added gloomily, "So did everybody else." A Pertinent Enquiry.

An exchange says, "What is to be done when a man's hair begins to come out after he is married?" Having had the requisite amount of experience we suggest that he tie his wife's hands and send for a bottle of Carboline. Contentment is a beauty of great

price, and whoever procures it at the expense of ten thousand desires makes wise and happy purchase.

Quick, complete cure, all Kidney, Bladder and rinary Diseases, Stalding, Irritation, Stone, Fraver, Catarrh of the Bladder, \$1. Druggists. Be not penny-wise; riches have wings, and sometimes fly away of them-selves; sometimes they must be set flying

Important.

When you visit or leave New York City, save baggage expressage and \$5 carriage lilre, and stop at the Grand Union Hotel, opposite Grand Centrai Depot.

600 elegant rooms, fitted up at a cost of one million dollars, \$1 and upwards per day. European Pian. Elevator. Restaurant supplied with the best. Horse cars, stages and elevated railroad to all depots. Families can live better for less money at the Grand Union Hotel than at any other first-class hotel in the Cry.

to bring in more,

It's better to have loved and lost than ever to have escaped at all.

tion which induces coughing immediately relieved by use of "Brown's Bronchial Truckes." Sold only in boxes. A husband at home is worth two in a

de Statistique a paper showing the com-parative deaths arising from accidents parative deaths arising from accidents in mines in some of the countries of Europe. Saxony with 15,673 men in metalliferous and coal mines, has 3 39 per 1000 killed annually; Belgium, with 76 697. has 2 38; Great Britain, with 558 817, has 2.18; Austria, with 41,133, has 2.10 and France, with 105,742, has 2.08. The tables in full are very in-

A process for lessening the duration of drouths has been submitted to the Australian minister for water supply. It is proposed on the appearan clouds in the dry season, to send into the air a balloon carrying beneath it a dynamite charge which is to be fired by wire reaching to the earth. The idea of producing concussions for causing he vapor in the air to condense as rais is not a new one, and it is not probable that it will prove an economical plan for getting water.

When eaoutehoue tubes are badly vulcanized, the experience of M. Limou-sin leads him to say that they are very dangerous in some chemical operations, the presence of sulphur and antimony sulphide rendering them especially s in the preparation of oxygen gas.

Dr. J. Cooprider of Taylorsville, Ind.

writes to the Popular Science News that he has used the fluid extract of chestnut leaves for whooping cough with great success. The dose is from tifteen to sixty drops, according to age, given in hot water, or in simple syrup as an elixir.

Sawdust, when used as a substitute for sand in house-plastering, is alleged to impart very desirable properties the plaster. It makes a covering for walls light, warm and porous, By its nonconducting qualities it causes the inner surface to retain the heat which sand plaster allows to escape.

Typhoid fever finds its source in sewage emanations and polluted water, or, if due to some specific poison, these are the instruments of its diffusion. Diphtheria also comes from defective sanitary arrangements, and the sanitary inspecters are responsible for it.

A series of cross breeds between rye and wheat recently produced by the Rural New Yorker are pronounced gen-uine hybrids by Prot, Meehan of Philadelphia. The next question to decide will be, whether they are able to reproduce their kind. An ordinary spider's web, just visible

and or more fine and delicate threads of silk. These primary threads are drawn out and united by the hind legs of the spider. At Pike's peak, Col., a new mineral has been found called siderophyllite, because of the large portion of iron

the naked eye, is the union of a thou-

which it contains. Its composition seems to be an iron aluminamica. Filtering-stone is now made by mixing in water in certain portions of clay, levigated chalk, course and fine glass sand and ground flint. They are moulded and hard-burned.

Professor A, H. Sayce has deciphered an Assyrian tablet, which gives an account of a transit of Venus 1600 years

"May-may I take your daughter to to supper?" inquired young Wopples of a mamma at a charity fair, one even ing last week. "Certainly you can, and me too." Then she added, sotto voce, "That's what we came here for."

"ELLA, my child," said a prudish old maid to a pretty niece, "if the Lord had intended your hair to be curled He would have done it himself." "So he did, auntic, when I was a baby, but he thicks I am big enough now to do it

Said a good sister in her testimony at a camp-meeting: "My husband opposed my coming to this sacred spot, out I can truthfully say that in com here I have received a blessing, and I know that when I reach home my husband will get a blessing."

AT a college examination a Professo naked:

"Does my question embarrass you?" "Not at all, sir," replied the student. "not at all, It is quite clear. It is the answer that bothers me."

Among the Chinese the tortoise and the snake have been chosen emblems of martial security against attack for 3000 years. It would appear also that the Chinese belief that a great affection exam so fortunate as to be able to survive sists between these two classes of creahim long enough to be present on dis tures has some foundation in fact, A correspondent of the China Mail writes that one evening as he was walking on the bank of a river in Shan-se he saw a tortoise swimming across the current. He fired at the tortoise, upon which it dived under water, and a snake, cut in two by the bullet, floated on the surface. The snake seems to have been using the

It is intended to institute in Paris a special "service d'hygiene municipale," o unite under the control of one chief A LADY in Chicago wrote home to having the grade of "sous directeur," Brooklyn and inquired for old Steve all the services contained in the sanita-Tailor, who used to do chores around tion of the city in a broad and systemaher father's house, and said: "I will tie fashion, with the view of securing send him a nice warm overcoat, if you the greatest efficiency possible and di

A happy combination of best Grape Brandy, Smart-Weed, Jamaica Ginger and Camphor Water, as found in Dr. Pierce's Compound Extract of Smart-Weed, cures cholera morbus, diarrhosa, dysentery or bloody-flux, code or cramps in stomach and breaks up colds, fevers and inflam ory attacks.

Motto or the cornet player: "An high for an high and a toot for a toot."

s s . . Bad treatment or stricture often complicates the disease and mades it diffi-cult of cure. The worst and most inveterare cases speedily yield to our new and improved methods. Pamphlet, reference and erns sent for two three-cent stamps World's Dispensary Medical Association Buffalo, N. Y.

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We answer unreservedly, yes! If the pa-tient commences in time the use of Dr. Pherce's "Golden Medical Discovery," and exercises proper care. If allowed to run its course too long all medicine is powerless to stay it. Dr. Pierce never deceives a patient by holding out a faise hope for the sake of pecuniary gain. The "Golden Medical Dishas cared thousands of patients when nothing else seemed to avail. tour druggist has it. Send two stamps for Dr. Pierce's complete treatise on consumption with numerous testimonials. Address World's Dispensary Medical Association, Buffalo, N. Y.

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